Everything is not the same. Various degrees of closeness and separateness, similarity and difference between properties or characteristics allow discernment, distinction, correspondence, correlation, comparison, association, identification, assessment, analysis, judgment, evaluation, etc. With tools to discern one thing from the other we can make sense of reality, the similarities and differences between the various aspects of reality. Higher quality input and development of effective tools for processing will result in higher quality output.
Continuum, Spectrum, Scale or Degrees in the Frequency of Truth, Love, Good

A Dualistic Conceptual Framework for perceiving, conceiving, understanding and navigating reality

Contact, alignment, embodiment of an aspect of Truth.

Limited perception of reality, is limited access to Truth, is limited unity and embodiment of Truth, is limited Consciousness.

False
Fear
Evil

Less Truth, Love, Good

Truth
Love
Good

More Truth, Love, Good

A Higher Frequency of contact or alignment of Perceptions with quality Truth, what ‘is’, and a Care to embody and become those values (what is right, good, true, moral, etc.), results in greater embodiment of Truth and a Higher Frequency of Consciousness.

Plane of Truth, containing variability, mutiplicity, diversity of reality (things, concepts, actions, etc.)
TRUTH AND FREQUENCY OF PERCEPTIONS

A Higher Frequency of contact or alignment of Perceptions with quality Truth, what 'is', and a Care to embody and become those values (what is right, good, true, moral, etc.), results in greater embodiment of Truth and a Higher Frequency of Consciousness.

Limited perception of reality, is limited access to Truth, is limited unity and embodiment of Truth, is limited Consciousness.

An aspect of Truth (variability, multiplicity, diversity of what 'is' in reality true), contacted, attained, aligned with, or embodied by the frequency.
CONTINUUM, SPECTRUM, SCALE OR DEGREES IN THE FREQUENCY OF TRUTH, LOVE, GOOD, ETC.
A Dualistic Conceptual Framework for perceiving, conceiving, understanding and navigating reality

Falsity, Fear, Evil

Limited perception of reality, is limited access to Truth, is limited unity and embodiment of Truth, is limited Consciousness.

Truth, Love, Good

An aspect of Truth (variability, multiplicity, diversity of what ‘is’ in reality true), contacted, attained, aligned with, or embodied by the frequency.

A Higher Frequency of contact or alignment of Perceptions with quality Truth, what ‘is’, and a Care to embody and become those values (what is right, good, true, moral, etc.), results in greater embodiment of Truth and a Higher Frequency of Consciousness.
Many things are relative in comparison to polarities, ex: Evil vs. Good, relative variability within spectrum. One thing, absolute for that thing being looked at within polarity, ex: 1 thing has aspect of ‘is’ or ‘is not’ in the spectrum. Absolute current condition, ex: X action is right or wrong itself, regardless of other actions. Wave to Particle, Collapse Many into One.
Many Possible Choices in Imagination

Collapse Wave Potential of Choices into Actual Particular Choice

One Choice is Made Among Many

Wave to Particle, Collapse Many into One
Who is more motivated to do something? Those who are aware of the problems existence, or those unaware of the problems even existing or the need to do something about it? When "all is good", you don't see anything that needs to change.

Masking wrongs reduces attention from conscious awareness, it reduces impact on awareness of reality, of how bad things are, blinded, masked, illusions, etc. Word magic, euphemisms, obfuscations, deception, are a part of keeping us from learning mistakes, where we keep repeating them. Occulting and hiding reality prevents us from changing through fixing errors.

WEB OF PERCEPTION - TRUTH & MORAL AWARENESS
Positive and Negative Perception of Reality as a Web/Network Stored in Self/Consciousness

Blind Positivity Mask
Optimism Bias

Semi aware
Seeing some aspects of wrong/negative, but still masked from greater understanding of reality, not seeing more of the falsity.

Accurate awareness of current condition
See reality as it IS more than it is not, seeing positive and negative for what it is, not masking or denying. Now you can see what the problems are.

All positive view. Everything is good with my world. Lalala fantasy. Complete mask on, living in illusions of falsity, false self.
We can correspond data perceptions that are accurate, or inaccurate. Accepting a foundational false axiom will lead you to also validate & accept other false information based on the correspondence to previous falsity you accept as “truth”. Some beliefs are less grounded in reality, or not at all, and we can become attached to those beliefs that provide us with answers. When we let go of falsity there is often nothing to fall back upon, to hold onto underneath, because the beliefs are not attached to grounded reality. The fall is hard and can shatter our sense of self we have constructed, our ego-personality-identity. We hold onto beliefs because they become meaningfully associated & attached to our sense of self & reality. Most of the worldview & self-image is based on a data set less grounded in reality. Removal of points in the dataset destroys part of the worldview or self-image that is based in that foundation of beliefs that were used to construct the self-concept or worldview. Not enough grounded data maintains attachment to fantasy & falsity, until admitting confusion, being wrong, or recognizing the difference between imagined belief & real truth, between imagination and reality, between possibility, probability and actuality. Many data points that are grounded means you can more easily release & let go of falsity, your conceptual foundation has many other points to hold it up as it is not largely a free-floating belief construct but is more solidly grounded. When less grounded points are in your conceptual understanding you need to hold onto them more for identity, a sense of self and sense of reality, otherwise you become lost without that belief. This process is part of healing the false self towards becoming aligned with more of reality.
Cognitive Dissonance Process

- Excuse, justify, deflect, dismiss,
- avoid, ignore, deny, refuse, reject

Conflict / Contradiction between Reality and Desires?
Between New Info and Accepted Info?

- Question & Doubt Ourselves & Info Curiosity about Veracity of New Info?
- Dealing with the disunity
- Question & Doubt the Info Curiosity about Veracity of New Info?

Yes:
- Critical Thinking & Imagination Process
  - Process Info More
    - Discernment, Evaluation, Assessment, Judgment
    - Decision On Hold
      - Input Accepted with Doubt
    - Input Agreed & Accepted

No:
- Cognitive Dissonance Process
  - Reality Negotiation
    - Arbiter of “Truth” Believe what you want to believe, i.e. self-delusion
  - Sustain, Maintain, Protect Beliefs & Desires Reject Contrary Evidence - “backfire” New Info Doesn't Matter
    - Excuse, justify, deflect, dismiss, avoid, ignore, deny, refuse, reject
  - Conditioning
    - Perception of Possible Reality
    - Perception of Probable Reality
  - Maya / Delusion / Illusion (low freq)

Emotional cues: anxiety, guilt, shame, anger, embarassment, stress, or no cues

Different Comparisons

- Reality - Actuality
  - Shape Mind from Reality
  - How We Actually Are
  - Do
  - Knowing
- Perception of Self and Reality
  - Shape Reality from Mind
  - How We Believe We Are
  - Think
  - Believing

Perception of Reality = Worldview
Different degrees of accurately understanding X. Single angle range (among the total 360 degrees) is less information than looking at X from additional vantage points.
Paths of Truth, Good, Right are ONE Way

People say: “No one path to truth”, “each person on their own path”, etc. Indeed, in the correct perspective, although Truth is always ONE way.

Specific Individual Knowledge and Position in Evolved/Devolved Consciousness

Truth ONE Way

Truth “Paths”

Conscious progression towards Truth, Good, Right is all ONE Way.

No one can occupy the same space, and exact level of knowledge, we all walk our own path relative to where we are, but all pointing to the ONE way of Truth, even if we deviate off path or don’t know of this ONE direction.